



401 Middle Ground Blvd · Newport News · VA · 23606 (757) · 930-1422 · [www.ujcyp.org](http://www.ujcyp.org)

**Little Sports Class for ages three to five**



Each week we will focus on a different sport or activity with new props and new games. Children learn about soccer, basketball, t-ball, football, kickball, and track and field! This 6 week class teaches the basic rules of each sport, teaches good sportsmanship, emphasizes the importance of proper conditioning as it relates to sports, and helps develop coordination. Classes will be taught by certified Stretch-N-Grow Instructors. Cost is \$65.00. 16 slots available. Date/Time: Oct 30, Nov. 6, 13, 20, Dec 4, 11 from 12:30 – 1:15.

**Theatrical Arts Combo Class for ages three to five**



Children learn the basics of theatrical arts for 6 weeks! This class helps children with stage presence and gives them exposure to the arts. Juggling scarves, balls and hoops, acrobatic tumbling including forward roll, backward roll, and cart wheel, tap (no tap shoes needed), baton work, and even a mime/clowning routine are learned in this class. Classes will be taught by certified instructor from Fields Dance Studio. Classes taught by certified instructor from Fields Dance Studio. Cost is \$60.00.

Dates/Time: Jan. 8, 15, 22, 29 and Feb. 05, 12 from 12:30 – 1:15.

**Clay & More Art Class for ages three to five**



It's clay, it's art, it's 6 weeks of fun! This class teaches children a “can do” attitude and helps improve their dexterity. Children make crafts that are keepsakes or usable objects. Projects can include Jewish holiday crafts, decorative objects for the home, and fun jewelry for children and families. Classes taught by Eileen Chadis Wood of Chadis Crafts.

Mrs. Wood has been teaching crafts for over 30 years. Cost is \$65.00.

Dates/Time: Feb. 19, 26, Mar 05, 12, 26 and April 2. from 12:30 – 2:00.

**Yogi Totts Class for ages three to five**



A fun and energetic kid’s yoga class for 6 weeks! Children will do interactive animated poses, basic stretching exercises, and incorporate breathing techniques throughout their practice. The class ends with quiet relaxation to help kids explore their imagination and get in touch with their inner peace. Classes taught by Yoga Instructor Connie Topp. Cost is \$60.00.

Dates/Time: April 23, 30, May 7, 14, 21, 28 from 12:30 – 1:15.

Please return to Preschool. Make checks payable to UJC. Thank you.

Child Name: \_\_\_\_\_ Parent Name: \_\_\_\_\_

Please circle.....

I am NOT interested in these classes for my child.

I may be interested at a later date.

I am interested in these classes for my child:

\$65.00 Little Sports

\$60.00 Theatrical Arts

\$65.00 Clay & More

\$60.00 Child Yoga

You may pay for 1 class at a time: Date \_\_\_\_\_ Check # \_\_\_\_\_ Total Paid: \_\_\_\_\_

Please list any information the instructors may need: